

City of Canterbury Rhythmic Gymnastics Club

Club Safety Rules 2021-2022



Help us keep our children safe by adhering to the following rules:

- Keep to the 5mph speed limit in the car park.
- Do not park outside the gym hall at the top of the track; leave your car in the main car park and accompany your child to the gym hall from there.
- Children under 16 years old should ALWAYS be dropped off and picked up from inside the gym hall. They MUST NOT be dropped off outside.
- Do not leave your child in the building if a member of our coaching team is not yet present.
- All children including siblings should be supervised whilst waiting for their training session to begin. Please do not allow them to run around in the foyer/changing rooms.
- Bring your child promptly for each session as missing the warm up creates a significant risk of injury.
- All long hair needs to be securely tied back. Hair that reaches shoulders needs to be in a secure bun.
- All children should bring water to each training session.
- All jewellery must be removed and stud earrings taped over.
- Dress your child appropriately (if not wearing squad uniform) for the activity that they will be doing: leotard, shorts, t shirt, leggings (no crop tops).
- Make sure your child is aware that if you are late to pick them up, they must wait inside the gym hall and not go into the foyer area or outside. Continually being late to pick up or drop off your child may result in them being moved into a different session, unless arranged with the coach in advance.
- Children aged 3-7 will be supervised by CRB checked club officials for toilet visits. All other squads will be allowed to visit the toilet unaccompanied.
- Please arrange a suitable time with your child's coach to discuss any important matters.
- If your child is misbehaving and causing a disruption to their squad then a guardian will be contacted.

Media Coverage

All media coverage is the responsibility of the club. At no time should publicity be organized by gymnast's families or schools without consultation with the club officials. This also applies to nominations for sports awards and scholarships. The club may feature in the local papers/ social media sites. It is the responsibility of the parents/guardians to notify the club if their child should not be included in such media coverage.